

Fresh Fruit Salad

Servings: 8

INGREDIENTS:

4 cups fresh strawberries, halved
2 kiwifruit, peeled and sliced
2 bananas, sliced
2 cups seedless grapes, halved
1 (6 ounce) container plain or vanilla yogurt
2 teaspoons lemon juice
1 teaspoon sugar
1/2 teaspoon vanilla extract



DIRECTIONS:

In a large salad bowl, combine strawberries, kiwi, bananas and grapes. In a small bowl, combine yogurt, lemon juice, sugar and vanilla; mix well. Serve with fruit.